

# Five Wishes Advance Directive

You should be hearing about Advance Directives from your healthcare providers, such as the hospital or your primary care physician. You may have been asked what your wishes are regarding life sustaining treatment while you were an inpatient in the acute hospital. You may have made some decisions at that time, but never put them in writing.

The Five Wishes" Advance Directive is an easy to complete form that lets you put your wishes in writing. The decision to complete an Advance Directive allows you the comfort of knowing that your wishes will be respected.

## **My Wish For:**

- 1. The Person I want to Make Care Decisions for Me When I Can't**
- 2. The Kind of Medical Treatment I Want or Don't Want**
- 3. How Comfortable I Want To Be**
- 4. How I Want People to Treat Me**
- 5. What I Want My Loved Ones to Know**

## Take the First Steps Today

- **Call the Outreach Department and Request Your Five Wishes Advance Directive Booklet. Five Wishes is Available in English and Spanish.**
- Discuss the contents with your family and your primary care physician.
- Complete the Five Wishes and present the booklet to your Doctor to Copy and Add to Your Record

We can help if you have questions or need assistance completing your Five Wishes Advance Directive.

Call our Outreach Department at (562) 602-1563 ext. 288 or talk with your doctor at your next office visit.

